

Presented by



**AMERICAN
LUNG
ASSOCIATION®**
IN OKLAHOMA

SAVED BY THE

SCAN

A person's risk for lung cancer increases significantly with age and exposure to cigarette smoke, air pollution and radon (a colorless, radioactive gas). There is a test called the low-dose computed tomography scan, also known as the low-dose CT Scan, that can help individuals to detect lung cancer before it spreads or becomes unmanageable.

How does a low-dose CT Scan work? A low-dose CT scan is very similar to an x-ray, so if you've had an x-ray you can better understand how the low-dose CT scan will go. The procedure involves the use of a very large and extremely powerful x-ray machine. The machine rotates around the center of the body to produce an image of the patient's lungs. Using that image, doctors can determine if there are any tumors or cancerous growths that need to be treated.

While not everyone is eligible for this scan, it could save the life of a loved one, especially if they are:

- Between the ages of 55 and 77 years old
- Currently a smoker
- Have quit smoking within the past 15 years
- Smoked a pack a day for 30 years or two packs a day for 15 years



STUDENT ACTIVITY

CREATE A PUBLIC SERVICE ANNOUNCEMENT (PSA).

Your PSA can come in the form of a video, a poster or a press release. Be as creative as possible – this may include interviewing family members and friends. Visit <http://www.lung.org/our-initiatives/saved-by-the-scan/> for more ideas. Your PSA should do the following:

1. Alert family and friends of the things that put them at higher risk for developing lung cancer.
2. Share how having a low-dose CT scan can save a person's life.

STUDENTS: SUBMIT YOUR PSA FOR A CHANCE TO WIN!

Submit your project at nie.newsok.com/lunghealth2018
OR mail your entry with an official entry form to:

Newspapers in Education

PO Box 25125, Oklahoma City, OK 73125-0125

STUDENTS: Entry into any student contest hosted by Newspapers in Education will automatically enter you into a drawing to win a **\$250.00 VISA Gift Card**.

TEACHERS: If your student wins the drawing, you will be awarded a **\$500.00 VISA Gift Card**.

The spring drawing will be held in May 2018. For a list of all student contests, visit:

[HTTPS://NIE.NEWSOK.COM/STUDENT-CONTESTS/](https://nie.newsok.com/student-contests/)



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