



SAVE LIVES UNITE OKLAHOMA

Lesson 1: Five Freedoms

Learning Objective(s):

Students will develop a strong understanding of the five freedoms established to protect the physical and mental health of animals everywhere.

Background:

In 1965, Professor Roger Brambell served on a committee that came together to write the Five Freedoms meant to protect the physical and mental health of animals everywhere. Those five freedoms are as follows:

- 1 Freedom from Hunger and Thirst**
by ready access to fresh water and a diet to maintain full health and vigor.
- 2 Freedom from Discomfort**
by providing a suitable environment including shelter and a comfortable resting area.
- 3 Freedom from Pain, Injury or Disease**
by prevention or rapid diagnosis and treatment.
- 4 Freedom to Express Normal Behaviors**
by providing sufficient space, proper facilities and company of the animal's own kind.
- 5 Freedom from Fear and Distress**
by ensuring conditions that avoid mental suffering.

Vocabulary:

- **Sentient** – To be perceptive or have feelings.
- **Environment** – the surrounding or conditions in which a being lives
- **Distress** – extreme anxiety, sorrow or pain

Classroom Discussion:

1. Ask students to consider the types of pets they have at home. Make a list of all of the pets that students have at home (dogs, cats, horses, hamsters, etc.).
2. Ask students to consider behaviors that will help to ensure their pets are healthy physically and mentally. Make a list of these behaviors.
3. Ask students to consider behaviors that infringe on an animal's five freedoms. Make a list of don'ts that are harmful to animals based on student responses.



Teachers, send us a photo of your classroom's list of pets, positive behaviors and negative behaviors and you'll be entered to win a \$500 gift card for your classroom and your students could win a Pizza Party. To submit your photo, visit: <https://tinyurl.com/savelivesOK>